



*Portrait of St Aldhelm, 10th century, British Library*

# **Daily Prayer At Home**

## **All Saints to Advent**

## **A prayer from St Aldhelm**

Lord, Creator and Maker of the world,  
grant to us in need sure assistance:  
may your right hand touch us poor mortals in protection.  
Christ, the Founder, the Shepherd watching over his fold,  
protect us from on high.  
Mary, noblest mother, help us through your prayers.  
And may the triune God in heaven grant us,  
unworthy though we are,  
God's peace. Amen

*After St Aldhelm*

*Mother Anna writes:* This prayer guide has been put together to help us worship God during the second lockdown of 2020. It takes us from All Saints through November, as the nights get longer and darker and we prepare ourselves for the watching and waiting of Advent.

The booklet is based on services used throughout the Church of England and beyond, and as you pray with this resource you will be joining thousands of others in reading these texts and saying these prayers.

You will find all you need to follow the services of Morning and Evening Prayer, Monday to Sunday, and at the back of the booklet, the service for Compline, or Night Prayer, which does not change from day to day.

I pray that while we are apart we might draw closer to God, and deepen our faith in this season of worshipping at home.

With my prayers for you and everyone you love—

*Mother Anna*

# Monday

## Morning Prayer

### Preparation

O Lord, open our lips

**All and our mouth shall proclaim your praise.**

Your faithful servants bless you.

**All They make known the glory of your kingdom.**

Blessed are you, Sovereign God,  
ruler and judge of all,  
to you be praise and glory for ever.

In the darkness of this age that is passing away  
may the light of your presence which the saints enjoy  
surround our steps as we journey on.

May we reflect your glory this day  
and so be made ready to see your face  
in the heavenly city where night shall be no more.

Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**All Amen.**

### The Word of God

#### *Psalmody*

*A pause is held at the* ◆

1 Hear my crying, O God, ◆  
and listen to my prayer.

2 From the end of the earth I call to you with fainting heart; ◆

O set me on the rock that is higher than I.

3 For you are my refuge, ◆  
a strong tower against the enemy.

4 Let me dwell in your tent for ever ◆  
and take refuge under the cover of your wings.

5 For you, O God, will hear my vows; ◆  
you will grant the request of those who fear your name.

6 You will add length of days to the life of the king, ◆  
that his years may endure throughout all generations.

7 May he sit enthroned before God for ever; ◆  
may steadfast love and truth watch over him.

8 So will I always sing praise to your name, ◆  
and day by day fulfil my vows.

*Psalm 61*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

### **Reading**

Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

*Philippians 4.4-7*

### **The Benedictus**

1 Blessed be the Lord the God of Israel, ◆  
who has come to his people and set them free.

2 He has raised up for us a mighty Saviour, ◆  
born of the house of his servant David.

3 Through his holy prophets God promised of old ◆  
to save us from our enemies, from the hands of all that hate us,

4 To show mercy to our ancestors, ◆  
and to remember his holy covenant.

5 This was the oath God swore to our father Abraham: ◆  
to set us free from the hands of our enemies,

6 Free to worship him without fear, ♦  
holy and righteous in his sight all the days of our life.  
7 And you, child, shall be called the prophet of the Most  
High, ♦  
for you will go before the Lord to prepare his way,  
8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.  
9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,  
10 To shine on those who dwell in darkness and the shadow of  
death, ♦  
and to guide our feet into the way of peace. *Luke 1.68-79*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

## **Prayers**

*The Collect of the day or the following prayer is said*

Almighty God, you have knit together your elect  
in one communion and fellowship  
in the mystical body of your Son Christ our Lord:  
give us grace so to follow your blessed saints  
in all virtuous and godly living  
that we may come to those inexpressible joys  
that you have prepared for those who truly love you;  
through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said.*

## **The Conclusion**

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All Amen**

Let us bless the Lord.

**All Thanks be to God.**

# Monday

## Evening Prayer

### Preparation

O God, make speed to save us.

**All O Lord, make haste to help us.**

Your faithful servants bless you.

**All They make known the glory of your kingdom.**

Blessed are you, Sovereign God,  
our light and our salvation,  
to you be glory and praise for ever.  
Now, as darkness is falling,  
wash away our transgressions,  
cleanse us by your refining fire  
and make us temples of your Holy Spirit.  
By the light of Christ,  
dispel the darkness of our hearts  
and make us ready to enter your kingdom,  
where songs of praise for ever sound.  
Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

### The Word of God

#### *Psalmody*

*A pause is held at the* ◆

- 1 Lord, who may dwell in your tabernacle? ◆  
Who may rest upon your holy hill?
- 2 Whoever leads an uncorrupt life ◆  
and does the thing that is right;
- 3 Who speaks the truth from the heart ◆  
and bears no deceit on the tongue;
- 4 Who does no evil to a friend ◆  
and pours no scorn on a neighbour;
- 5 In whose sight the wicked are not esteemed, ◆  
but who honours those who fear the Lord.

- 6 Whoever has sworn to a neighbour ♦  
and never goes back on that word;
- 7 Who does not lend money in hope of gain, ♦  
nor takes a bribe against the innocent;
- 8 Whoever does these things ♦  
shall never fall.

*Psalms 15*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

### **Reading**

At that time the disciples came to Jesus and asked, 'Who is the greatest in the kingdom of heaven?' He called a child, whom he put among them, and said, 'Truly I tell you, unless you change and become like children, you will never enter the kingdom of heaven. Whoever becomes humble like this child is the greatest in the kingdom of heaven. Whoever welcomes one such child in my name welcomes me.

*Matthew 18.1-5*

### **The Magnificat**

- 1 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Saviour; ♦  
he has looked with favour on his lowly servant.
- 2 From this day all generations will call me blessed; ♦  
the Almighty has done great things for me and holy is his name.
- 3 He has mercy on those who fear him, ♦  
from generation to generation.
- 4 He has shown strength with his arm ♦  
and has scattered the proud in their conceit,
- 5 Casting down the mighty from their thrones ♦  
and lifting up the lowly.
- 6 He has filled the hungry with good things ♦  
and sent the rich away empty.
- 7 He has come to the aid of his servant Israel, ♦  
to remember his promise of mercy,

8 The promise made to our ancestors,   
to Abraham and his children for ever.

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

## **Prayers**

*The Collect of the day or the following prayer is said*

Almighty God,  
you have knit together your elect  
in one communion and fellowship  
in the mystical body of your Son Christ our Lord:  
give us grace so to follow your blessed saints  
in all virtuous and godly living  
that we may come to those inexpressible joys  
that you have prepared for those who truly love you;  
through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said.*

## **The Conclusion**

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All Amen.**

Let us bless the Lord.

**All Thanks be to God.**

# Tuesday

## Morning Prayer

### Preparation

O Lord, open our lips

**All and our mouth shall proclaim your praise.**

Your faithful servants bless you.

**All They make known the glory of your kingdom.**

Blessed are you, Sovereign God,  
ruler and judge of all,  
to you be praise and glory for ever.

In the darkness of this age that is passing away  
may the light of your presence which the saints enjoy  
surround our steps as we journey on.

May we reflect your glory this day  
and so be made ready to see your face  
in the heavenly city where night shall be no more.

Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**All Amen.**

### The Word of God

#### *Psalmody*

*A pause is held at the* ◆

- 1 The heavens are telling the glory of God ◆  
and the firmament proclaims his handiwork.
- 2 One day pours out its song to another ◆

and one night unfolds knowledge to another.

3 They have neither speech nor language ♦ ♦  
and their voices are not heard,

4 Yet their sound has gone out into all lands ♦ ♦  
and their words to the ends of the world.

5 In them has he set a tabernacle for the sun, ♦ ♦  
that comes forth as a bridegroom out of his chamber  
and rejoices as a champion to run his course.

6 It goes forth from the end of the heavens  
and runs to the very end again, ♦ ♦  
and there is nothing hidden from its heat.

7 The law of the Lord is perfect, reviving the soul; ♦ ♦  
the testimony of the Lord is sure  
and gives wisdom to the simple.

8 The statutes of the Lord are right and rejoice the heart; ♦ ♦  
the commandment of the Lord is pure  
and gives light to the eyes.

9 The fear of the Lord is clean and endures for ever; ♦ ♦  
the judgements of the Lord are true  
and righteous altogether.

10 More to be desired are they than gold,  
more than much fine gold, ♦ ♦  
sweeter also than honey,  
dripping from the honeycomb.

11 By them also is your servant taught ♦ ♦  
and in keeping them there is great reward.

12 Who can tell how often they offend? ♦ ♦  
O cleanse me from my secret faults!

13 Keep your servant also from presumptuous sins  
lest they get dominion over me; ♦ ♦  
so shall I be undefiled,  
and innocent of great offence.

14 Let the words of my mouth and the meditation of my heart  
be acceptable in your sight, ♦ ♦

O Lord, my strength and my redeemer.

*Psalm 19*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

### **Reading**

You have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel.

*Hebrews 12.22-24*

### **The Benedictus**

- 1 Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ♦  
to save us from our enemies, from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ♦  
holy and righteous in his sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ♦  
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.
- 9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death, ♦  
and to guide our feet into the way of peace.     *Luke 1.68-79*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

## **Prayers**

*The Collect of the day or the following prayer is said*

Almighty God, you have knit together your elect  
in one communion and fellowship  
in the mystical body of your Son Christ our Lord:  
give us grace so to follow your blessed saints  
in all virtuous and godly living  
that we may come to those inexpressible joys  
that you have prepared for those who truly love you;  
through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said.*

## **The Conclusion**

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All Amen**

Let us bless the Lord.

**All Thanks be to God.**

# Tuesday

## Evening Prayer

### Preparation

O God, make speed to save us.

**All O Lord, make haste to help us.**

Your faithful servants bless you.

**All They make known the glory of your kingdom.**

Blessed are you, Sovereign God,  
our light and our salvation,  
to you be glory and praise for ever.  
Now, as darkness is falling,  
wash away our transgressions,  
cleanse us by your refining fire  
and make us temples of your Holy Spirit.  
By the light of Christ,  
dispel the darkness of our hearts  
and make us ready to enter your kingdom,  
where songs of praise for ever sound.  
Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

### The Word of God

#### *Psalmody*

*A pause is held at the* ◆

- 1 As the deer longs for the water brooks, ◆  
so longs my soul for you, O God.
- 2 My soul is athirst for God, even for the living God; ◆  
when shall I come before the presence of God?
- 3 My tears have been my bread day and night, ◆  
while all day long they say to me, 'Where is now your God?'
- 4 Now when I think on these things, I pour out my soul: ◆  
how I went with the multitude  
and led the procession to the house of God,
- 5 With the voice of praise and thanksgiving, ◆

among those who kept holy day.

6 Why are you so full of heaviness, O my soul, ♦  
and why are you so disquieted within me?

7 O put your trust in God; ♦  
for I will yet give him thanks,

who is the help of my countenance, and my God. *Psalm 42*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

### **Reading**

Therefore says the Sovereign, the Lord of hosts, the Mighty One of Israel:

Ah, I will pour out my wrath on my enemies,  
and avenge myself on my foes!

I will turn my hand against you;

I will smelt away your dross as with lye  
and remove all your alloy.

And I will restore your judges as at the first,  
and your counsellors as at the beginning.

Afterwards you shall be called the city of righteousness,  
the faithful city.

Zion shall be redeemed by justice,  
and those in her who repent, by righteousness.

*Isaiah 1.24-27*

### **The Magnificat**

1 My soul proclaims the greatness of the Lord, my spirit rejoices  
in God my Saviour; ♦

he has looked with favour on his lowly servant.

2 From this day all generations will call me blessed; ♦  
the Almighty has done great things for me and holy is his name.

3 He has mercy on those who fear him, ♦  
from generation to generation.

4 He has shown strength with his arm ♦  
and has scattered the proud in their conceit,

5 Casting down the mighty from their thrones ♦

and lifting up the lowly.

6 He has filled the hungry with good things ♦  
and sent the rich away empty.

7 He has come to the aid of his servant Israel, ♦  
to remember his promise of mercy,

8 The promise made to our ancestors, ♦  
to Abraham and his children for ever.

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

## **Prayers**

*The Collect of the day or the following prayer is said*

Almighty God,  
you have knit together your elect  
in one communion and fellowship  
in the mystical body of your Son Christ our Lord:  
give us grace so to follow your blessed saints  
in all virtuous and godly living  
that we may come to those inexpressible joys  
that you have prepared for those who truly love you;  
through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said.*

## **The Conclusion**

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All Amen.**

Let us bless the Lord.

**All Thanks be to God.**

# Wednesday

## Morning Prayer

O Lord, open our lips

**All and our mouth shall proclaim your praise.**

Your faithful servants bless you.

**All They make known the glory of your kingdom.**

Blessed are you, Sovereign God,

ruler and judge of all,

to you be praise and glory for ever.

In the darkness of this age that is passing away

may the light of your presence which the saints enjoy

surround our steps as we journey on.

May we reflect your glory this day

and so be made ready to see your face

in the heavenly city where night shall be no more.

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let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,

so may the light of your presence, O God,

set our hearts on fire with love for you;

now and for ever.

**All Amen.**

## The Word of God

### *Psalmody*

*A pause is held at the* ◆

1 Hear my teaching, O my people; ◆

incline your ears to the words of my mouth.

2 I will open my mouth in a parable; ◆

I will pour forth mysteries from of old,

3 Such as we have heard and known, ♦  
which our forebears have told us.  
4 We will not hide from their children,  
but will recount to generations to come, ♦  
the praises of the Lord and his power  
and the wonderful works he has done.  
5 He laid a solemn charge on Jacob  
and made it a law in Israel, ♦  
which he commanded them to teach their children,  
6 That the generations to come might know,  
and the children yet unborn, ♦  
that they in turn might tell it to their children;  
7 So that they might put their trust in God ♦  
and not forget the deeds of God,  
but keep his commandments.

*Psalm 78*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

### ***Reading***

Then the sign of the Son of Man will appear in heaven, and then all the tribes of the earth will mourn, and they will see ‘the Son of Man coming on the clouds of heaven’ with power and great glory. And he will send out his angels with a loud trumpet call, and they will gather his elect from the four winds, from one end of heaven to the other.

*Matthew 24.30,31*

### **The Benedictus**

1 Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.  
2 He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.  
3 Through his holy prophets God promised of old ♦  
to save us from our enemies, from the hands of all that hate us,  
4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.

5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,  
6 Free to worship him without fear, ♦  
holy and righteous in his sight all the days of our life.  
7 And you, child, shall be called the prophet of the Most High ♦  
for you will go before the Lord to prepare his way,  
8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.  
9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,  
10 To shine on those who dwell in darkness and the shadow of  
death, ♦  
and to guide our feet into the way of peace. *Luke 1.68-79*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

## **Prayers**

*The Collect of the day or the following prayer is said*

Almighty God, you have knit together your elect  
in one communion and fellowship  
in the mystical body of your Son Christ our Lord:  
give us grace so to follow your blessed saints  
in all virtuous and godly living  
that we may come to those inexpressible joys  
that you have prepared for those who truly love you;  
through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said.*

## **The Conclusion**

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All Amen**

Let us bless the Lord.

**All Thanks be to God.**

# Wednesday

## Evening Prayer

### Preparation

O God, make speed to save us.

**All O Lord, make haste to help us.**

Your faithful servants bless you.

**All They make known the glory of your kingdom.**

Blessed are you, Sovereign God,  
our light and our salvation,  
to you be glory and praise for ever.  
Now, as darkness is falling,  
wash away our transgressions,  
cleanse us by your refining fire  
and make us temples of your Holy Spirit.  
By the light of Christ,  
dispel the darkness of our hearts  
and make us ready to enter your kingdom,  
where songs of praise for ever sound.  
Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

### The Word of God

#### *Psalmody*

*A pause is held at the* ◆

1 The king shall rejoice in your strength, O Lord; ◆  
how greatly shall he rejoice in your salvation!

2 You have given him his heart's desire ◆  
and have not denied the request of his lips.

3 For you come to meet him with blessings of goodness ◆  
and set a crown of pure gold upon his head.

4 He asked of you life and you gave it him, ◆  
length of days, for ever and ever.

5 His honour is great because of your salvation; ◆  
glory and majesty have you laid upon him.

6 You have granted him everlasting felicity ♦  
and will make him glad with joy in your presence.

7 For the king puts his trust in the Lord; ♦  
because of the loving-kindness of the Most High,  
he shall not be overthrown.

8 Your hand shall mark down all your enemies; ♦  
your right hand will find out those who hate you.

9 You will make them like a fiery oven  
in the time of your wrath; ♦  
the Lord will swallow them up in his anger  
and the fire will consume them.

10 Their fruit you will root out of the land ♦  
and their seed from among its inhabitants.

11 Because they intend evil against you ♦  
and devise wicked schemes which they cannot perform,

12 You will put them to flight ♦  
when you aim your bow at their faces.

13 Be exalted, O Lord, in your own might; ♦  
we will make music and sing of your power.

*Psalm 21*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

### ***Reading***

In days to come

the mountain of the Lord's house  
shall be established as the highest of the mountains,  
and shall be raised above the hills;  
all the nations shall stream to it.

Many peoples shall come and say,  
'Come, let us go up to the mountain of the Lord,  
to the house of the God of Jacob;  
that he may teach us his ways  
and that we may walk in his paths.'

For out of Zion shall go forth instruction,  
and the word of the Lord from Jerusalem.  
He shall judge between the nations,

and shall arbitrate for many peoples;  
they shall beat their swords into ploughshares,  
and their spears into pruning-hooks;  
nation shall not lift up sword against nation,  
neither shall they learn war any more.

*Isaiah 2.2-4*

## **The Magnificat**

1 My soul proclaims the greatness of the Lord, my spirit rejoices  
in God my Saviour; ♦

he has looked with favour on his lowly servant.

2 From this day all generations will call me blessed; ♦  
the Almighty has done great things for me and holy is his name.

3 He has mercy on those who fear him, ♦  
from generation to generation.

4 He has shown strength with his arm ♦  
and has scattered the proud in their conceit,

5 Casting down the mighty from their thrones ♦  
and lifting up the lowly.

6 He has filled the hungry with good things ♦  
and sent the rich away empty.

7 He has come to the aid of his servant Israel, ♦  
to remember his promise of mercy,

8 The promise made to our ancestors, ♦  
to Abraham and his children for ever.

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

## **Prayers**

*The Collect of the day or the following prayer is said*

Almighty God,  
you have knit together your elect  
in one communion and fellowship  
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give us grace so to follow your blessed saints

in all virtuous and godly living  
that we may come to those inexpressible joys  
that you have prepared for those who truly love you;  
through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said.*

## **The Conclusion**

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All Amen.**

Let us bless the Lord.

**All Thanks be to God.**

# Thursday

## Morning Prayer

O Lord, open our lips

**All and our mouth shall proclaim your praise.**

Your faithful servants bless you.

**All They make known the glory of your kingdom.**

Blessed are you, Sovereign God,

ruler and judge of all,

to you be praise and glory for ever.

In the darkness of this age that is passing away

may the light of your presence which the saints enjoy

surround our steps as we journey on.

May we reflect your glory this day

and so be made ready to see your face

in the heavenly city where night shall be no more.

Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

The night has passed, and the day lies open before us;

let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,

so may the light of your presence, O God,

set our hearts on fire with love for you;

now and for ever.

**All Amen.**

## The Word of God

### *Psalmody*

*A pause is held at the* ◆

1 The Lord said to my lord, ‘Sit at my right hand, ◆  
until I make your enemies your footstool.’

2 May the Lord stretch forth the sceptre of your power; ◆  
rule from Zion in the midst of your enemies.

- 3 'Noble are you on this day of your birth; ♦  
on the holy mountain, from the womb of the dawn  
the dew of your new birth is upon you.'
- 4 The Lord has sworn and will not retract: ♦  
'You are a priest for ever after the order of Melchizedek.'
- 5 The king at your right hand, O Lord, ♦  
shall smite down kings in the day of his wrath.
- 6 In all his majesty, he shall judge among the nations, ♦  
smiting heads over all the wide earth.
- 7 He shall drink from the brook beside the way; ♦  
therefore shall he lift high his head.

*Psalm 110*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

### ***Reading***

The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

*Ephesians 4.11-13*

### **The Benedictus**

- 1 Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ♦  
to save us from our enemies, from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ♦  
holy and righteous in his sight all the days of our life.

7 And you, child, shall be called the prophet of the Most High ♦  
for you will go before the Lord to prepare his way,

8 To give his people knowledge of salvation ♦ ♦  
by the forgiveness of all their sins.

9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the shadow of  
death, ♦

and to guide our feet into the way of peace. *Luke 1.68-79*

**All Glory to the Father and to the Son and to the Holy  
Spirit; as it was in the beginning is now, and shall be for  
ever. Amen**

## **Prayers**

*The Collect of the day or the following prayer is said*

Almighty God, you have knit together your elect  
in one communion and fellowship  
in the mystical body of your Son Christ our Lord:  
give us grace so to follow your blessed saints  
in all virtuous and godly living  
that we may come to those inexpressible joys  
that you have prepared for those who truly love you;  
through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said.*

## **The Conclusion**

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All Amen**

Let us bless the Lord.

**All Thanks be to God.**

# Thursday

## Evening Prayer

### Preparation

O God, make speed to save us.

**All O Lord, make haste to help us.**

Your faithful servants bless you.

**All They make known the glory of your kingdom.**

Blessed are you, Sovereign God,  
our light and our salvation,  
to you be glory and praise for ever.  
Now, as darkness is falling,  
wash away our transgressions,  
cleanse us by your refining fire  
and make us temples of your Holy Spirit.  
By the light of Christ,  
dispel the darkness of our hearts  
and make us ready to enter your kingdom,  
where songs of praise for ever sound.  
Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

### The Word of God

#### *Psalmody*

*A pause is held at the* ◆

1 To you, O Lord, I lift up my soul;

O my God, in you I trust; ◆

let me not be put to shame;

let not my enemies triumph over me.

2 Let none who look to you be put to shame, ◆  
but let the treacherous be shamed and frustrated.

3 Make me to know your ways, O Lord, ◆  
and teach me your paths.

4 Lead me in your truth and teach me, ◆

for you are the God of my salvation;

for you have I hoped all the day long.

5 Remember, Lord, your compassion and love, ◆  
for they are from everlasting.

6 Remember not the sins of my youth or my transgressions, ◆  
but think on me in your goodness, O Lord,  
according to your steadfast love.

7 Gracious and upright is the Lord; ◆  
therefore shall he teach sinners in the way.

8 He will guide the humble in doing right ◆  
and teach his way to the lowly.

9 All the paths of the Lord are mercy and truth ◆  
to those who keep his covenant and his testimonies. *Psalm 25*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

### ***Reading***

If you will only obey the Lord your God, by diligently observing all his commandments that I am commanding you today, the Lord your God will set you high above all the nations of the earth; all these blessings shall come upon you and overtake you, if you obey the Lord your God:

Blessed shall you be in the city, and blessed shall you be in the field. Blessed shall be the fruit of your womb, the fruit of your ground, and the fruit of your livestock, both the increase of your cattle and the issue of your flock. Blessed shall be your basket and your kneading-bowl. Blessed shall you be when you come in, and blessed shall you be when you go out. *Deuteronomy 28.1-6*

### **The Magnificat**

1 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Saviour; ◆  
he has looked with favour on his lowly servant.

2 From this day all generations will call me blessed; ◆  
the Almighty has done great things for me and holy is his name.

3 He has mercy on those who fear him, ◆

from generation to generation.

4 He has shown strength with his arm ♦  
and has scattered the proud in their conceit,

5 Casting down the mighty from their thrones ♦  
and lifting up the lowly.

6 He has filled the hungry with good things ♦  
and sent the rich away empty.

7 He has come to the aid of his servant Israel, ♦  
to remember his promise of mercy,

8 The promise made to our ancestors, ♦  
to Abraham and his children for ever.

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

## **Prayers**

*The Collect of the day or the following prayer is said*

Almighty God,  
you have knit together your elect  
in one communion and fellowship  
in the mystical body of your Son Christ our Lord:  
give us grace so to follow your blessed saints  
in all virtuous and godly living  
that we may come to those inexpressible joys  
that you have prepared for those who truly love you;  
through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said.*

## **The Conclusion**

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All Amen.**

Let us bless the Lord.

**All Thanks be to God.**

# Friday

## Morning Prayer

O Lord, open our lips

**All and our mouth shall proclaim your praise.**

Your faithful servants bless you.

**All They make known the glory of your kingdom.**

Blessed are you, Sovereign God,  
ruler and judge of all,

to you be praise and glory for ever.

In the darkness of this age that is passing away  
may the light of your presence which the saints enjoy  
surround our steps as we journey on.

May we reflect your glory this day

and so be made ready to see your face

in the heavenly city where night shall be no more.

Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**All Amen.**

## The Word of God

### *Psalmody*

*A pause is held at the* ◆

1 Sing to the Lord a new song; ◆  
sing to the Lord, all the earth.

2 Sing to the Lord and bless his name; ◆  
tell out his salvation from day to day.

- 3 Declare his glory among the nations ♦  
and his wonders among all peoples.
- 4 For great is the Lord and greatly to be praised; ♦  
he is more to be feared than all gods.
- 5 For all the gods of the nations are but idols; ♦  
it is the Lord who made the heavens.
- 6 Honour and majesty are before him; ♦  
power and splendour are in his sanctuary.
- 7 Ascribe to the Lord, you families of the peoples; ♦  
ascribe to the Lord honour and strength.
- 8 Ascribe to the Lord the honour due to his name; ♦  
bring offerings and come into his courts.
- 9 O worship the Lord in the beauty of holiness; ♦  
let the whole earth tremble before him.

*Psalm 96*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

### ***Reading***

Since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

*Hebrews 12.1,2*

### **The Benedictus**

- 1 Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ♦  
to save us from our enemies, from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.

5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,  
6 Free to worship him without fear, ♦  
holy and righteous in his sight all the days of our life.  
7 And you, child, shall be called the prophet of the Most High ♦  
for you will go before the Lord to prepare his way,  
8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.  
9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,  
10 To shine on those who dwell in darkness and the shadow of  
death ♦  
and to guide our feet into the way of peace. *Luke 1.68-79*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

## **Prayers**

*The Collect of the day or the following prayer is said*

Almighty God, you have knit together your elect  
in one communion and fellowship  
in the mystical body of your Son Christ our Lord:  
give us grace so to follow your blessed saints  
in all virtuous and godly living  
that we may come to those inexpressible joys  
that you have prepared for those who truly love you;  
through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said.*

## **The Conclusion**

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All Amen**

Let us bless the Lord.

**All Thanks be to God.**

# Friday

## Evening Prayer

### Preparation

O God, make speed to save us.

**All O Lord, make haste to help us.**

Your faithful servants bless you.

**All They make known the glory of your kingdom.**

Blessed are you, Sovereign God,  
our light and our salvation,  
to you be glory and praise for ever.  
Now, as darkness is falling,  
wash away our transgressions,  
cleanse us by your refining fire  
and make us temples of your Holy Spirit.  
By the light of Christ,  
dispel the darkness of our hearts  
and make us ready to enter your kingdom,  
where songs of praise for ever sound.  
Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

### The Word of God

#### *Psalmody*

*A pause is held at the* ◆

1 Those who trust in the Lord are like Mount Zion, ◆  
which cannot be moved, but stands fast for ever.

2 As the hills stand about Jerusalem, ◆  
so the Lord stands round about his people,  
from this time forth for evermore.

3 The sceptre of wickedness shall not hold sway  
over the land allotted to the righteous, ◆  
lest the righteous turn their hands to evil.

4 Do good, O Lord, to those who are good, ◆  
and to those who are true of heart.

5 Those who turn aside to crooked ways  
the Lord shall take away with the evildoers; ♦  
but let there be peace upon Israel.

*Psalm 125*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

### **Reading**

He entered Jericho and was passing through it. A man was there named Zacchaeus; he was a chief tax-collector and was rich. He was trying to see who Jesus was, but on account of the crowd he could not, because he was short in stature. So he ran ahead and climbed a sycomore tree to see him, because he was going to pass that way. When Jesus came to the place, he looked up and said to him, 'Zacchaeus, hurry and come down; for I must stay at your house today.' So he hurried down and was happy to welcome him. All who saw it began to grumble and said, 'He has gone to be the guest of one who is a sinner.' Zacchaeus stood there and said to the Lord, 'Look, half of my possessions, Lord, I will give to the poor; and if I have defrauded anyone of anything, I will pay back four times as much.' Then Jesus said to him, 'Today salvation has come to this house, because he too is a son of Abraham. For the Son of Man came to seek out and to save the lost.'

*Luke 19.1-10*

### **The Magnificat**

1 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Saviour; ♦

he has looked with favour on his lowly servant.

2 From this day all generations will call me blessed; ♦  
the Almighty has done great things for me and holy is his name.

3 He has mercy on those who fear him, ♦  
from generation to generation.

4 He has shown strength with his arm ♦  
and has scattered the proud in their conceit,

5 Casting down the mighty from their thrones ♦  
and lifting up the lowly.

6 He has filled the hungry with good things ♦

and sent the rich away empty.

7 He has come to the aid of his servant Israel, ◆  
to remember his promise of mercy,

8 The promise made to our ancestors, ◆  
to Abraham and his children for ever.

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

## **Prayers**

*The Collect of the day or the following prayer is said*

Almighty God,  
you have knit together your elect  
in one communion and fellowship  
in the mystical body of your Son Christ our Lord:  
give us grace so to follow your blessed saints  
in all virtuous and godly living  
that we may come to those inexpressible joys  
that you have prepared for those who truly love you;  
through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said.*

## **The Conclusion**

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All Amen.**

Let us bless the Lord.

**All Thanks be to God.**

# Saturday Morning Prayer

O Lord, open our lips

**All and our mouth shall proclaim your praise.**

Your faithful servants bless you.

**All They make known the glory of your kingdom.**

Blessed are you, Sovereign God,  
ruler and judge of all,

to you be praise and glory for ever.

In the darkness of this age that is passing away  
may the light of your presence which the saints enjoy  
surround our steps as we journey on.

May we reflect your glory this day

and so be made ready to see your face

in the heavenly city where night shall be no more.

Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**All Amen.**

## The Word of God

### *Psalmody*

*A pause is held at the* ◆

### **Saturday**

1 Sing to the Lord a new song, ◆  
for he has done marvellous things.

2 His own right hand and his holy arm ◆  
have won for him the victory.

3 The Lord has made known his salvation; ◆

his deliverance has he openly shown in the sight of the nations.

4 He has remembered his mercy and faithfulness  
towards the house of Israel, ◆

and all the ends of the earth have seen the salvation of our God.

5 Sound praises to the Lord, all the earth; ◆  
break into singing and make music.

6 Make music to the Lord with the lyre, ◆  
with the lyre and the voice of melody.

7 With trumpets and the sound of the horn ◆  
sound praises before the Lord, the King.

8 Let the sea thunder and all that fills it, ◆  
the world and all that dwell upon it.

9 Let the rivers clap their hands ◆  
and let the hills ring out together before the Lord,  
for he comes to judge the earth.

10 In righteousness shall he judge the world ◆  
and the peoples with equity.

*Psalm 98*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

## **Reading**

Many of those who sleep in the dust of the earth shall awake, some to everlasting life, and some to shame and everlasting contempt. Those who are wise shall shine like the brightness of the sky, and those who lead many to righteousness, like the stars for ever and ever.

*Daniel 12.2,3*

## **The Benedictus**

1 Blessed be the Lord the God of Israel, ◆  
who has come to his people and set them free.

2 He has raised up for us a mighty Saviour, ◆  
born of the house of his servant David.

3 Through his holy prophets God promised of old ◆  
to save us from our enemies, from the hands of all that hate us,

4 To show mercy to our ancestors, ◆

and to remember his holy covenant.

5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,

6 Free to worship him without fear, ♦  
holy and righteous in his sight all the days of our life.

7 And you, child, shall be called the prophet of the Most High ♦  
for you will go before the Lord to prepare his way,

8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.

9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the shadow of  
death ♦

and to guide our feet into the way of peace. *Luke 1.68-79*

**All Glory to the Father and to the Son and to the Holy  
Spirit; as it was in the beginning is now, and shall be for  
ever. Amen**

## Prayers

*The Collect of the day or the following prayer is said*

Almighty God, you have knit together your elect  
in one communion and fellowship  
in the mystical body of your Son Christ our Lord:  
give us grace so to follow your blessed saints  
in all virtuous and godly living  
that we may come to those inexpressible joys  
that you have prepared for those who truly love you;  
through Jesus Christ our Lord. **Amen.**

*The Lord's Prayer is said.*

## The Conclusion

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All Amen**

Let us bless the Lord.

**All Thanks be to God.**

# Saturday

## Evening Prayer

### Preparation

O God, make speed to save us.

**All O Lord, make haste to help us.**

Your faithful servants bless you.

**All They make known the glory of your kingdom.**

Blessed are you, Sovereign God,  
our light and our salvation,  
to you be glory and praise for ever.  
Now, as darkness is falling,  
wash away our transgressions,  
cleanse us by your refining fire  
and make us temples of your Holy Spirit.  
By the light of Christ,  
dispel the darkness of our hearts  
and make us ready to enter your kingdom,  
where songs of praise for ever sound.  
Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

### The Word of God

#### *Psalmody*

*A pause is held at the* ◆

1 Alleluia.

I will give thanks to the Lord with my whole heart, ◆  
in the company of the faithful and in the congregation.

2 The works of the Lord are great, ◆  
sought out by all who delight in them.

3 His work is full of majesty and honour ◆  
and his righteousness endures for ever.

4 He appointed a memorial for his marvellous deeds; ◆  
the Lord is gracious and full of compassion.

5 He gave food to those who feared him; ◆

he is ever mindful of his covenant.

6 He showed his people the power of his works ♦  
in giving them the heritage of the nations.

7 The works of his hands are truth and justice; ♦  
all his commandments are sure.

8 They stand fast for ever and ever; ♦  
they are done in truth and equity.

*Psalm 111*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

### **Reading**

Then I heard a loud voice in heaven, proclaiming,

‘Now have come the salvation and the power

and the kingdom of our God

and the authority of his Messiah,

for the accuser of our comrades has been thrown down,

who accuses them day and night before our God.

But they have conquered him by the blood of the Lamb

and by the word of their testimony,

for they did not cling to life even in the face of death.

Rejoice then, you heavens

and those who dwell in them!

But woe to the earth and the sea,

for the devil has come down to you

with great wrath, because he knows that his time is short!’

*Revelation 12.10-12*

### **The Magnificat**

1 My soul proclaims the greatness of the Lord, my spirit rejoices  
in God my Saviour; ♦

he has looked with favour on his lowly servant.

2 From this day all generations will call me blessed; ♦

the Almighty has done great things for me and holy is his name.

3 He has mercy on those who fear him, ♦

from generation to generation.

4 He has shown strength with his arm ♦

and has scattered the proud in their conceit,  
5 Casting down the mighty from their thrones ♦ ♦  
and lifting up the lowly.  
6 He has filled the hungry with good things ♦  
and sent the rich away empty.  
7 He has come to the aid of his servant Israel, ♦  
to remember his promise of mercy,  
8 The promise made to our ancestors, ♦  
to Abraham and his children for ever.

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

## **Prayers**

*The Collect of the day or the following prayer is said*

Almighty God,  
you have knit together your elect  
in one communion and fellowship  
in the mystical body of your Son Christ our Lord:  
give us grace so to follow your blessed saints  
in all virtuous and godly living  
that we may come to those inexpressible joys  
that you have prepared for those who truly love you;  
through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said.*

## **The Conclusion**

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All Amen.**

Let us bless the Lord.

**All Thanks be to God.**

# Sunday

## Morning Prayer

O Lord, open our lips

**All and our mouth shall proclaim your praise.**

Your faithful servants bless you.

**All They make known the glory of your kingdom.**

Blessed are you, Sovereign God,

ruler and judge of all,

to you be praise and glory for ever.

In the darkness of this age that is passing away

may the light of your presence which the saints enjoy

surround our steps as we journey on.

May we reflect your glory this day

and so be made ready to see your face

in the heavenly city where night shall be no more.

Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

The night has passed, and the day lies open before us;

let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,

so may the light of your presence, O God,

set our hearts on fire with love for you;

now and for ever.

**All Amen.**

## The Word of God

### Psalmody

*A pause is held at the* ◆

1 God is our refuge and strength, ◆

a very present help in trouble;

2 Therefore we will not fear, though the earth be moved, ◆

and though the mountains tremble in the heart of the sea;

3 Though the waters rage and swell, ◆

and though the mountains quake at the towering seas.

4 There is a river whose streams make glad the city of God, ◆  
the holy place of the dwelling of the Most High.

5 God is in the midst of her;  
therefore shall she not be removed; ◆  
God shall help her at the break of day.

6 The nations are in uproar and the kingdoms are shaken, ◆  
but God utters his voice and the earth shall melt away.

7 *The Lord of hosts is with us; ◆*  
*the God of Jacob is our stronghold.*

8 Come and behold the works of the Lord, ◆  
what destruction he has wrought upon the earth.

9 He makes wars to cease in all the world; ◆  
he shatters the bow and snaps the spear  
and burns the chariots in the fire.

10 'Be still, and know that I am God; ◆  
I will be exalted among the nations;  
I will be exalted in the earth.'

11 *The Lord of hosts is with us; ◆*  
*the God of Jacob is our stronghold.*

*Psalm 46*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

### **Reading**

*Revelation 4.9-end*

Whenever the living creatures give glory and honour and thanks to the one who is seated on the throne, who lives for ever and ever, the twenty-four elders fall before the one who is seated on the throne and worship the one who lives for ever and ever; they cast their crowns before the throne, singing, 'You are worthy, our Lord and God, to receive glory and honour and power, for you created all things, and by your will they existed and were created.'

### **The Benedictus**

1 Blessed be the Lord the God of Israel, ◆  
who has come to his people and set them free.

2 He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.

3 Through his holy prophets God promised of old ♦  
to save us from our enemies, from the hands of all that hate us,

4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.

5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,

6 Free to worship him without fear, ♦  
holy and righteous in his sight all the days of our life.

7 And you, child, shall be called the prophet of the Most High ♦  
for you will go before the Lord to prepare his way,

8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.

9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the shadow of  
death, ♦  
and to guide our feet into the way of peace. *Luke 1.68-79*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

## **Prayers**

*The Collect of the day or the following prayer is said*

Almighty God, you have knit together your elect  
in one communion and fellowship  
in the mystical body of your Son Christ our Lord:  
give us grace so to follow your blessed saints  
in all virtuous and godly living  
that we may come to those inexpressible joys  
that you have prepared for those who truly love you;  
through Jesus Christ our Lord.

**All Amen.**

*The Lord's Prayer is said.*

## **The Conclusion**

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All Amen**

Let us bless the Lord.

**All Thanks be to God.**

# Sunday

## Evening Prayer

### Preparation

O God, make speed to save us.

**All O Lord, make haste to help us.**

Your faithful servants bless you.

**All They make known the glory of your kingdom.**

Blessed are you, Sovereign God,  
our light and our salvation,  
to you be glory and praise for ever.  
Now, as darkness is falling,  
wash away our transgressions,  
cleanse us by your refining fire  
and make us temples of your Holy Spirit.  
By the light of Christ,  
dispel the darkness of our hearts  
and make us ready to enter your kingdom,  
where songs of praise for ever sound.  
Blessed be God, Father, Son and Holy Spirit.

**All Blessed be God for ever.**

### The Word of God

#### *Psalmody*

*A pause is held at the* ◆

- 1 Why are the nations in tumult, ◆  
and why do the peoples devise a vain plot?
- 2 The kings of the earth rise up,  
and the rulers take counsel together, ◆  
against the Lord and against his anointed:
- 3 ‘Let us break their bonds asunder ◆  
and cast away their cords from us.’
- 4 He who dwells in heaven shall laugh them to scorn; ◆  
the Lord shall have them in derision.
- 5 Then shall he speak to them in his wrath ◆

and terrify them in his fury:

6 'Yet have I set my king ♦  
upon my holy hill of Zion.'

7 I will proclaim the decree of the Lord; ♦  
he said to me: 'You are my Son; this day have I begotten you.'

8 'Ask of me and I will give you the nations for your  
inheritance ♦  
and the ends of the earth for your possession.

9 'You shall break them with a rod of iron ♦  
and dash them in pieces like a potter's vessel.'

10 Now therefore be wise, O kings; ♦  
be prudent, you judges of the earth.

11 Serve the Lord with fear, and with trembling kiss his feet, ♦  
lest he be angry and you perish from the way,  
for his wrath is quickly kindled.

12 Happy are all they ♦  
who take refuge in him.

*Psalm 2*

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

### **Reading**

'I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours.

*John 17.6-9*

### **The Magnificat**

1 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Saviour; ♦  
he has looked with favour on his lowly servant.

2 From this day all generations will call me blessed; ♦

the Almighty has done great things for me and holy is his name.

3 He has mercy on those who fear him, ♦  
from generation to generation.

4 He has shown strength with his arm ♦  
and has scattered the proud in their conceit,

5 Casting down the mighty from their thrones ♦  
and lifting up the lowly.

6 He has filled the hungry with good things ♦  
and sent the rich away empty.

7 He has come to the aid of his servant Israel, ♦  
to remember his promise of mercy,

8 The promise made to our ancestors, ♦  
to Abraham and his children for ever.

**All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen**

## Prayers

*The Collect of the day or the following prayer is said*

Almighty God, you have knit together your elect  
in one communion and fellowship  
in the mystical body of your Son Christ our Lord:  
give us grace so to follow your blessed saints  
in all virtuous and godly living  
that we may come to those inexpressible joys  
that you have prepared for those who truly love you;  
through Jesus Christ our Lord. **Amen.**

*The Lord's Prayer is said.*

## The Conclusion

May Christ, who has opened the kingdom of heaven,  
bring us to reign with him in glory.

**All Amen.**

Let us bless the Lord.

**All Thanks be to God.**

# Night Prayer (Compline)

The Lord almighty grant us a quiet night and a perfect end.

**All Amen.**

Our help is in the name of the Lord

**All who made heaven and earth.**

*A period of silence for reflection on the past day may follow.*

**All Most merciful God,  
we confess to you,  
before the whole company of heaven and one another,  
that we have sinned in thought, word and deed  
and in what we have failed to do.  
Forgive us our sins,  
heal us by your Spirit  
and raise us to new life in Christ. Amen.**

O God, make speed to save us.

**All O Lord, make haste to help us.**

**All Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.  
Alleluia.**

*The following or another suitable hymn may be sung*

Before the ending of the day,  
Creator of the world, we pray  
That you, with steadfast love, would keep  
Your watch around us while we sleep.

From evil dreams defend our sight,  
From fears and terrors of the night;  
Tread underfoot our deadly foe  
That we no sinful thought may know.

O Father, that we ask be done  
Through Jesus Christ, your only Son;  
And Holy Spirit, by whose breath  
Our souls are raised to life from death.

## The Word of God

### *Psalmody*

*A pause is held at the* ◆

1 Answer me when I call, O God of my righteousness; ◆  
you set me at liberty when I was in trouble;

have mercy on me and hear my prayer.

2 How long will you nobles dishonour my glory; ◆  
how long will you love vain things and seek after falsehood?

3 But know that the Lord has shown me his marvellous  
kindness; ◆

when I call upon the Lord, he will hear me.

4 Stand in awe, and sin not; ◆  
commune with your own heart upon your bed, and be still.

5 Offer the sacrifices of righteousness ◆  
and put your trust in the Lord.

6 There are many that say, 'Who will show us any good?' ◆  
Lord, lift up the light of your countenance upon us.

7 You have put gladness in my heart, ◆  
more than when their corn and wine and oil increase.

8 In peace I will lie down and sleep, ◆  
for it is you Lord, only, who make me dwell in safety. *Psalm 4*

***All* Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

### Reading

*One of the following short lessons or another passage is read*

The one who endures to the end will be saved. And this good  
news of the kingdom will be proclaimed throughout the world, as  
a testimony to all the nations. *Matthew 24.13,14a*

Humble yourselves under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you.  
*1 Peter 5.6,7*

God has destined us not for wrath but for obtaining salvation through our Lord Jesus Christ, who died for us, so that whether we are awake or asleep we may live with him.  
*1 Thessalonians 5.9, 10*

Thus said the Lord God, the Holy One of Israel: In returning and rest you shall be saved; in quietness and in trust shall be your strength.  
*Isaiah 30.15*

*The following responsory may be used*

Into your hands, O Lord, I commend my spirit.

**All Into your hands, O Lord, I commend my spirit.**

For you have redeemed me, Lord God of truth.

**All I commend my spirit.**

Glory to the Father and to the Son  
and to the Holy Spirit.

**All Into your hands, O Lord, I commend my spirit.**

Keep me as the apple of your eye.

**All Hide me under the shadow of your wings.**

*The Nunc dimittis (The Song of Simeon) is said or sung*

**All Save us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ  
and asleep may rest in peace.**

1 Now, Lord, you let your servant go in peace:   
your word has been fulfilled.

2 My own eyes have seen the salvation   
which you have prepared in the sight of every people;

3 A light to reveal you to the nations   
and the glory of your people Israel.

*Luke 2.29-32*

**All** Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

**All** Save us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ  
and asleep may rest in peace.

## **Prayers**

*Silence may be kept.*

Visit this place, O Lord, we pray,  
and drive far from it the snares of the enemy;  
may your holy angels dwell with us and guard us in peace,  
and may your blessing be always upon us;  
through Jesus Christ our Lord.

**All** Amen.

Lighten our darkness, we beseech thee, O Lord; and by thy great  
mercy defend us from all perils and dangers of this night; for the  
love of thy only Son, our Saviour, Jesus Christ

**All** Amen.

*The Lord's Prayer may be said.*

## **The Conclusion**

In peace we will lie down and sleep;

**All** for you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus,

**All** for the night is at hand and the day is now past.

As the night watch looks for the morning,

**All** so do we look for you, O Christ.

The Lord bless us and watch over us;

the Lord make his face shine upon us and be gracious to us;

the Lord look kindly on us and give us peace.

**All** Amen.

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